

Why have a *PES Detox Systems* session

Purpose, approach, results, and recommendations

Purpose:

- To detoxify the body

Approach:

- Increases sweating – 2,000 eccrine glands in each foot
- Increases circulation
- Improves alkaline/acid pH balance
- Increases metabolism
- Increases glandular and organ function
- Increases energy levels

Results:

- Improved health (in all systems of the body)
- Improved sense of well-being on all levels (physical, emotional, mental)
- Effects last for up to one week after the treatment

Recommended for:

- All diseases caused by high acidity in the body
- Sports and athletic interests (preventive and restorative)
- Overall health maintenance and balance
- Detoxifying accumulated toxins and heavy metals from the body
- Stress - reduction
- Sleep disturbances
- Decreasing pain, injury, and trauma
- Decreasing acidity (which benefits organ and cellular functions)

Potential Clients:

- Seniors
- People with health concerns
- People living with high levels of stress
- People who work in toxic environments
- Athletes
- Executives
- Anyone seeking physical, mental, and emotional improvement